



Hot Selections

Belgian Chicken

Belgian chicken with a light mustard cream sauce
Roasted whole potatoes
Green bean casserole
Rolls & butter
*House dessert

\$10.50 per person plus tax

Chicken Fricassee or Chicken A La Vodka

Breast of chicken, seasonal vegetables and fresh herbs simmered in a veal stock or sauteed julienned chicken in a tomato vodka sauce served with penne pasta
Tossed salad with dressings
Butter baguette
*House dessert

\$ 9.50 per person plus tax

Linguine with a Pancetta and Baby Portabella Cream sauce

Linguine with a Pancetta and baby portabella cream sauce
Wild rocket, curly endive and Parmigiano Reggiano salad served with a light vinaigrette
Parmesan basil baguette
*House Dessert

\$10.00 per person plus tax

Chicken & Dumplings or Home-made Shepherd's Pie

Slow roasted chicken & gravy with Southern-style dumplings served with mashed potatoes or ground beef with peas, onions and carrots in brown gravy sauce topped with mashed potatoes & cheddar cheese
Tossed Salad with dressings
*House dessert

\$ 9.50 per person plus tax



Pork BBQ

Pulled lean meat Barbeque with bun
Coleslaw
Baked beans
Penne pasta salad with English cucumbers and Roma tomatoes
*House dessert

\$9.50 per person plus tax

Lasagna or Baked Ziti or Stuffed Shells

Meat lasagna, baked ziti or stuffed shells all topped with mozzarella & basil
Tossed Salad with Dressings
Garlic Bread
*House dessert

\$ 9.50 per person plus tax

Asian Stir Fry

Strips of beef or chicken with fresh vegetables in a garlic sauce
Jasmine rice
Spinach, orange & toasted almond salad
*House Dessert

\$ 9.50 per person plus tax

Lemon Chicken Scallopine

Pounded and fried chicken breast
Couscous
Cucumber and tomato salad
Butter baguette
*House dessert

\$ 9.50 per person plus tax

Mexican Fiesta

Chicken fajitas with flour tortillas
Chili and rice
Salsa, sour cream, lettuce, guacamole, shredded cheese and tomatoes
Tortilla Chips
*House dessert

\$10.00 per person plus tax



Goat Cheese, Lemon and Asparagus Pasta

Goat cheese, lemon and asparagus pasta with fresh tarragon, olive oil, lemon zest and toasted walnuts served with cavatappi pasta

Tossed Salad and dressings

Rolls & Butter

*House Dessert

\$12.00 per person plus tax. Add grilled salmon for \$4.00 extra

Potato Bar

Baked potatoes, home-made chili con carne, sour cream, salsa, shredded cheese & butter, rolls and butter

Tossed Salad and dressings

*House Dessert

\$10.00 per person plus tax

Chicken Stroganoff

Grilled boneless, skinless chicken breast in a mushroom sour cream sauce with fresh thyme and bay leaves served with egg noodles

Tossed salad with dressings

*House Dessert

\$ 9.50 per person plus tax

Stuffed Chicken Mexi-Wraps

Flour tortillas stuffed with or without chicken, sautéed vegetables and rice

Three Bean Salad

Farfalle Pasta salad with sundried tomatoes, black olives and feta cheese

*House dessert

\$ 9.50 per person plus tax

Fried Chicken Lunch

Two pieces of fried chicken

Mustard potato salad

Rolls & butter

Fruit wedge

*House dessert

\$9.50 per person plus tax

Cold Selections

Rosemary Grilled Chicken Salad

Grilled chicken breast, roasted baby potatoes, red bell peppers and artichoke hearts in a lemon rosemary aioli

Served with spinach salad

Parmesan basil baguette

*House Dessert

\$10.50 per person plus tax

Chicken Salad/Egg Salad/Pimento

Chicken salad, egg salad and pimento cheese in bowls

Grilled baguettes

New potato salad with slivered asparagus, snap peas and a creamy Italian dressing

Cool macaroni salad

Fresh fruit salad

*House Dessert

\$12.50 per person plus tax

Classic Assorted Sandwiches

Assorted sandwiches or wraps (ham, turkey, roast beef or vegetarian)

Penne Pasta Salad with English cucumbers & Roma Tomatoes

Potato Chips with French onion or blue cheese dip

Pickle Spears

*House Dessert

\$9.50 per person plus tax

***HOUSE DESSERT:** *Chocolate brownies, assorted cookies, lemon bars, chocolate cake*

Optional Extras:

Add fresh seasonal fruit to any menu for \$2.25 per person

Canned Sodas or Bottled Waters \$1.25

Breakfast Selections

Continental Breakfast

Assorted breakfast breads or Danish or breakfast scones
Home-made butter-milk biscuits with sliced ham, butters and jellies on the side
Yoghurt with granola
Fresh seasonal fruit
Orange juice

\$7.50 per person plus tax

Hot Breakfast #1

Breakfast casserole (with or without meat)
Hashbrown casserole or fried breakfast potatoes
Home-made biscuits with sausage gravy
Breakfast breads or scones or Danish
Orange juice

\$9.50 per person plus tax

Hot Breakfast #2

Fluffy scrambled eggs
Home-style potatoes
Sausage and bacon
Breakfast breads or scones or Danish
Orange juice

COFFEE SERVICE \$2.00 PER PERSON



Boxed Meals

Sandwich boxed meals

Sandwich boxed meals include a deli sandwich or wrap, pasta or potato salad, fresh fruit, brownies or cookies.

Sandwich/Wrap Choices

Tuna salad sandwich
Roasted turkey sandwich
Italian submarine sandwich
Grilled chicken breast and asparagus sandwich
Chicken cobb salad wrap
Southwestern turkey wrap
Chicken caesar wrap
Spicy Asian beef wrap

\$9.50 per person plus tax

**To order, simply call (540) 819-1483 or email:
Amanda@schaalsevents.com All meals include
paper products and Iced Tea. Minimum order is 15
people. Delivery Fee \$10. Please give 48 hours
notice for orders**